

# USC Healthy Campus

## Summary

University of Southern California (USC) Healthy Campus is a comprehensive, collaborative, and long-term strategy that emphasizes the value and importance of employee and organizational health and well-being. USC Healthy Campus has formed partnerships to develop, implement, and institutionalize practices, policies, and environments essential for sustainable change, making the healthy choice the easy choice.

## Rationale/Business Case

The concept of a health promoting workplace is becoming increasingly relevant as more private and public organizations recognize that future success can only be achieved with a healthy, productive, and engaged workforce. The workplace directly influences the physical, mental, economic, and social well-being of workers and in turn the health of their families, communities, and society.

Numerous research studies have showcased the benefits from health and well-being programs which include: improved health and productivity, reduced health care, disability, workers' compensation costs, and absenteeism, and enhanced employee engagement.

## Get Involved

We welcome USC faculty and staff involvement in Healthy Campus. Contribute to positive change and a healthy work and learning environment.

As an educational institution, USC is committed to providing an environment that both supports and encourages the health and well-being of our campus community. Our end goal is to achieve a healthy campus community, environment, and culture in which to learn, work, and live.

For more information contact Julie Chobdee, MPH Health & Well-Being Program Manager at [Jchobdee@usc.edu](mailto:Jchobdee@usc.edu) or call USC WorkWell Center at (213) 821-0800.

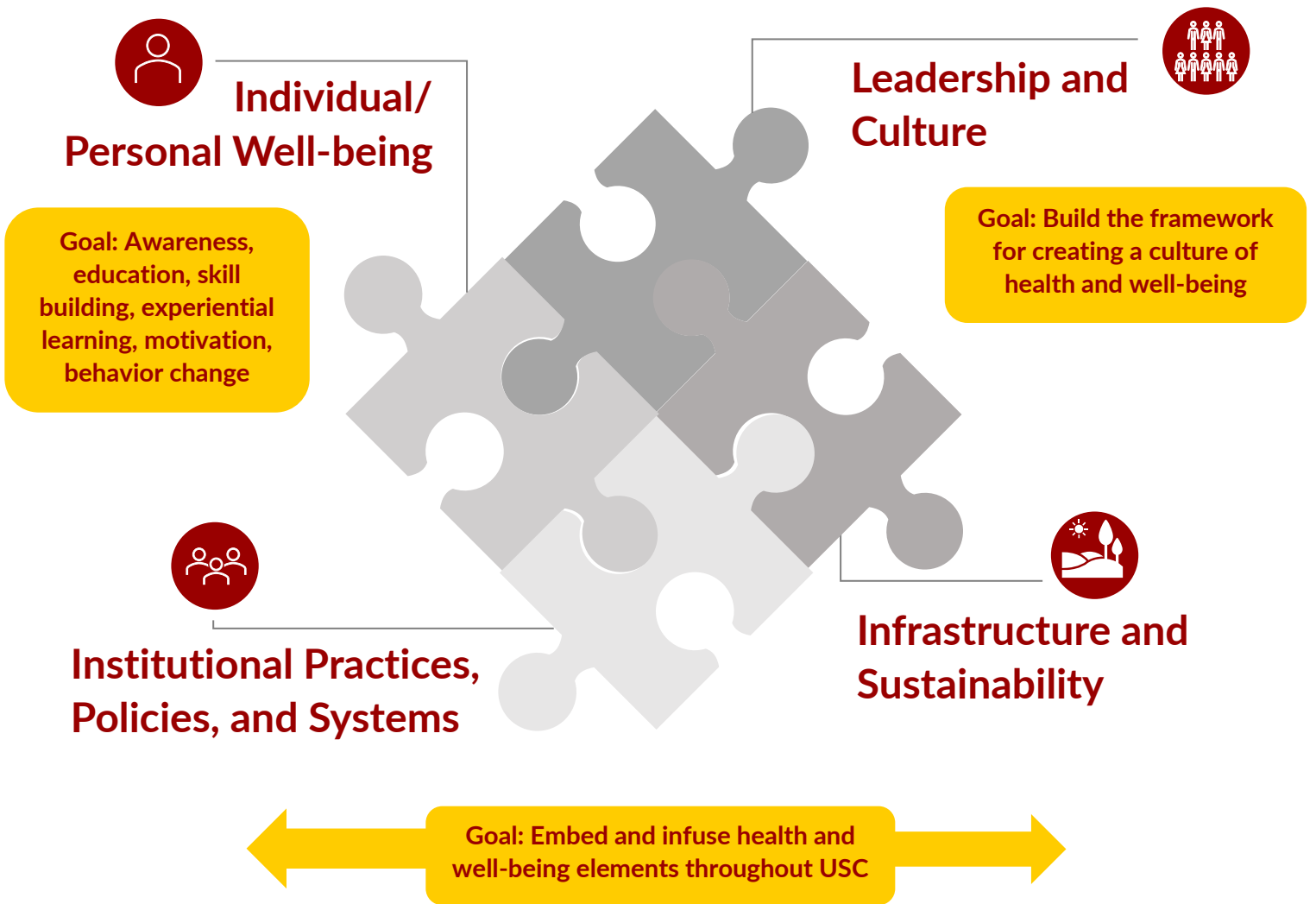
## USC Healthy Campus

**Vision:** USC will be a model healthy campus with a culture of health & well-being.

**Mission:** To collaborate with campus and community partners to create a campus culture of health and well-being infusing health into all policies, programs, services, and learning, teaching, and working environments.

## Overall Strategic Goals

1. **Improve health, productivity, and engagement** for USC staff and faculty through evidence-based programs and interventions.
2. Integrate and infuse health and well-being elements into all aspects of the daily operations of USC to **create and achieve culture change** and make health and well-being a priority.



## Leadership and Model

- Felicia A. Washington, Senior Vice President, Human Resources, Equity, and Compliance serves as the **Senior Leader Champion**.
- **The WorkWell Center**, USC's long-standing work/life wellness program for Faculty & Staff, provides the backbone for Healthy Campus with strategic leadership, coordination, and support.
- An Executive Steering committee, chaired by Director of WorkWell, Dr. Lara Hilton, consists of executive stakeholders acting as **senior leader champions**.
- An **Advisory Committee**, a cross sector collaboration of faculty, staff, and administrators provide strategic guidance and direction. The committee will be chaired by Julie Chobdee, Health & Well-Being Program Manager.
- Evolving from the Advisory Committee will be **workgroups** based on needs assessments and committee input. Workgroups will consist of **chairs and members** tasked with development of action plans and resources to support the overall Healthy Campus strategy.