



Live Well, Stress Less

Celebrating Mental Health Awareness Month



May 1-31, 2022

WEEK 1



SUN 01

MON 02

TUE 03

WED 04

THURS 05

FRI 06

SAT 07

WEEK 2

SUN 08

MON 09

TUE 10

WED 11

THURS 12

FRI 13

SAT 14

WEEK 3

SUN 15

MON 16

TUE 17

WED 18

THURS 19

FRI 20

SAT 21

WEEK 4

SUN 22

MON 23

TUE 24

WED 25

THURS 26

FRI 27

SAT 28

WEEK 5

SUN 29

MON 30

TUE 31



USC WorkWell Center