For a 15 minute (.67 mi.) walk:
1. Start at Tommy Trojan
2. Head west on Childs Way towards Cromwell Field
3. Make a right at Lazzaro Plaza, heading north towards Meyer Plaza until reaching the School of Cinematic Arts
4. Make a right, heading east on West 34th Street
5. Before reaching Leavey Library, make a right to head south towards McCarthy Quad
6. Turn right before you reach Doheny Library, heading west towards Bovard Administration Building
7. Make a left to return to Tommy Trojan

Walking tips:
- Wear comfortable walking shoes
- Bring a refillable water bottle
- Wear sunscreen
- Start with a few stretches beforehand
- Load a playlist with your favorite tunes

For a 20 minute (.70 mi.) walk:
1. Start at Tommy Trojan
2. Head west on Childs Way towards Cromwell Field
3. Make a right at Lazzaro Plaza, heading north
4. Pass the Bing Theatre and make a right
5. Head southeast towards Founders Park
6. Exit Founders Park and walk east towards Pardee Tower
7. Make a right at Pardee Tower heading south towards Lewis Hall
8. Make a right on Childs Way, walking west to end at Tommy Trojan

For a 30 minute (1.34 mi.) walk (there-and-back):
1. Start at Tommy Trojan and head south on Trousdale Parkway
2. Make a right, heading west on Bloom Walk
3. Make a right to head north on McClintock Avenue
4. Continue until reaching the Lyon Center, then turn back, returning in the same direction, to end at Tommy Trojan